



Primary School PSHE Policy

Purpose

At IBSB we see Personal, Social, Health, and Citizenship Education (PSHE) as being at the centre of all that we do. Through our curriculum, our school environment and our school ethos, we promote pupils' self-esteem and emotional well-being and help them to form and maintain worthwhile and satisfying relationships, based on respect for themselves and for others, at home, at school, at work and in the community.

Through the PSHE Curriculum, we aim to provide our pupils with the knowledge, skills, and understanding to lead confident, healthy, and thoughtfully independent lives. We aim to make continuous positive contributions to our pupils' education, enabling them to become informed, active, responsible citizens.

Overview

What is PSHE?

All schools must provide a curriculum that is broadly based, balanced, and meets the needs of all pupils. Under section 78 of the Education Act 2002 and the Academies Act 2010, a PSHE curriculum: *Promotes the spiritual, moral, cultural, social, mental and physical development* of pupils at the school and of society, and prepares pupils at the school for the opportunities, responsibilities, and experiences of later life. Whilst PSHE remains non-statutory, we continue to develop our programmes of study and keep abreast of developments in the UK.

PSHE can be defined as a planned programme of learning through which children and young people acquire the knowledge, understanding, and skills they need to manage their lives, now and in the future. As part of the school's approach, PSHE develops the qualities and attributes pupils need to thrive as individuals, family members, and members of society.

One of the key aims of the programme is to promote a nurturing, healthy, happy learning environment in which all students feel safe, included, and valued, encouraging positive behaviour and discouraging negative behaviour, including bullying, so to have the opportunity to fulfil their potential in regard to both their academic and extra-curricular pursuits.

The benefits to pupils of such an approach are numerous, as PSHE prepares our students to be able to manage many of the most critical opportunities, challenges, and responsibilities they will face growing up in such rapidly changing and challenging times. The PSHE programme is also intended to help our students to connect and apply the knowledge and understanding they learn in all subjects to practical, real-life situations.

PSHE is an essential part of our curriculum, as it deals with issues affecting our pupils' lives, both on an individual basis as well as the whole school community, which in turn lead to the wider world. It is essential that attention be paid to the requirements of PSHE if we, as a school, are to provide solid foundations for our pupils' futures.

Why is PSHE provision important at IBSB?

PSHE makes a major contribution to schools' statutory responsibilities to provide a curriculum that is broadly based, balanced and meets the needs of all pupils.



PSHE at IBSB not only exists as an isolated subject, it also forms part of a Whole School approach. The PSHE provision at IBSB links very closely to the school's ethos and other school policies (refer Linked policies section).

Aims

Every person at IBSB promotes the aims of this policy. All adults are role models for the students, and the older students are expected to be role models for our younger students, as a part of our school staff and student mentoring programme, helping to promote the whole school ethos.

Through PSHE, we endeavour to foster the notions of responsibility and empowerment to promote a sense of achievement and to enhance self-confidence.

PSHE education is guided by the values of:

- Honesty
- Kindness
- Trust
- Responsibility
- Friendship
- Self-control
- Empathy
- Respect
- Tolerance

Links to other initiatives and policies

PSHE is an integral part of whole school life at IBSB. PSHE is delivered not only as an isolated subject, but it is also evident through activities and whole school events, for example:

- Pupil Parliament & Ambassador System
- Charity work and awareness
- Clubs
- House Games
- Educational Visits
- Assemblies
- Kindness Initiatives

PSHE Curriculum Organisation

At IBSB, we have an allocated time slot each week for PSHE taught by the class teacher.

Assemblies are an integral part of PSHE. It is during this time that the pupils begin to see and understand that they are not only an important member of their class and year group but they have an active role to play as a member of the whole school community. It is necessary that all pupils and staff attend assemblies not to give the impression that any individual may be superior or inferior to the rest of the school. The weekly themes, based on Global Dimensions <http://globaldimension.org.uk/>, are also the basis for weekly assemblies where children use the theme to perform an assembly for their peers. We also focus on our school core values in our assemblies – Brave, Respectful, Innovative, Tolerant, Integrity, Sustainability, happy (BRITISH).

In the planning and presentation of PSHE, we follow the guidelines and advice from Department for Education National Curriculum guidance for PSHE. We also intend to utilise the opportunities that working within an international community provides, wherever possible, whilst maintaining British



values of democracy, the rule of law, individual liberty, and mutual respect for and tolerance of those with different faiths and beliefs and for those without faith.

The curriculum is taught in line with the PSHE Association's www.pshe-association.org.uk new 'PSHE education Programme of Study for Key Stages 1 to 2', based on three 'core themes' within which there is a broad overlap and flexibility:

- Health and Wellbeing
- Relationships
- Living in the Wider World

The PSHE Coordinator is responsible for planning and overseeing the programme.

In addition to this planned work, the curriculum is fulfilled by day-to-day classroom life and situations. Teachers are sensitive to the opportunities offered by other subjects and by momentary or unexpected experiences; for example, outside visitors who come into school to talk to students about careers, universities, health workers, and inspirational speakers. PSHE will also be addressed on a daily basis as questions and incidents arise. At times, teachers may choose to hold an additional Circle-time or Big Question session in response to a particular event or issue. Although PSHE is timetabled for each week, it is a very diverse and cross-curricular subject. At IBSB we encourage students to participate in a range of practical activities that help promote active Citizenship, for example, fund-raising, planning, and running school events.

Some aspects of PSHE are taught in the daily life of the school, for example, our Behaviour (B8) System, House Points, Reward Certificates, House Captains, Nude Food Week, Charity Club, etc.

PSHE in the wider school context

At IBSB we believe that the effective teaching of PSHE will show in the attitudes and behaviour of our pupils towards each other and in the way they conduct themselves both at school and when we are off site.

Throughout the school year, events and activities enhance aspects of PSHE as follows:

- The Pupil Parliament meets on a regular basis to discuss and resolve issues identified by the children. The Parliament is elected by secret ballot at the beginning of the academic year. Each parliament member wears a Pupil Parliament badge. The members hold regular meetings with the teacher who oversees the committee every term to discuss any suggestions / activities and to report back to the class.
- We involve the pupils in a variety of charity and fundraising events at local, national and international levels eg. Light into Europe, Speranta Pentru Tine.
- We celebrate all the different festivals that reflect the range of our children's home backgrounds eg. Diwali, Rosh Hashanah, Hanukah, World Religions Week, Martisor
- Children take part in a variety of national events e.g. World Book Day, Anti-bullying Week, Internet Safety Week, World Peace Day, World Sight Day, etc.
- Children are involved in the planning of school special events, such as assemblies or celebrations
- Child safeguarding lessons in every year group once ever half term focusing on the Stay Safe Programme, the aim of this programme is to reduce vulnerability to child abuse and bullying through the provision of a personal safety education programme
- Effective method to develop HPL skills and attitudes as concern for the society and the awareness and ability to listen to alternative perspectives



Assessment

The main emphasis of teaching PSHE lies in providing children with practical experiences. They then need opportunities to reflect upon their experiences enabling them to understand how they are developing personally and socially. In addition to this, spiritual, moral, social, and cultural issues must never be overlooked, as the development of empathy is an all-important part of growing up. Teachers assess pupils' work in PSHE both by making informal judgements as they observe students during lessons and by encouraging the children to carry out self-evaluation of their work at the end of each half term.

Monitoring and role of the PSHE and Citizenship Coordinator

- To continue to develop the PSHE programme within the school, amending the policy if and when required
- To write, develop, and monitor medium term plans to ensure all aspects of PSHE are covered
- If the need arises, to support colleagues with PSHE planning and teaching
- To create opportunities to monitor the teaching and learning, which takes place in the classroom

Related Policies

Primary School Behaviour for Learning Policy
Primary School Curriculum Policy
Primary School Computing Policy
Primary School Feedback Policy
Primary School Homework Policy
Primary School RSE Policy
Whole School Anti-Bullying Policy
Whole School Child Safeguarding Policy
Whole School Diversity, Equality, Equity, and Inclusion Policy
Whole School Educational Visits Policy
Whole School English Support Policy
Whole School Esafety Policy
Whole School More Able and Talented Policy
Whole School SEND and Inclusion Policy

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PSHE Association

www.pshe-association.org.uk

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